

Aboriginal led model of care in mental health - Uti Kulintjaku Project

Developed by



**Ngaanyatjarra
Pitjantjatjara
Yankunytjatjoro
Women's Council**

Uti Kulintjaku means 'to think and understand clearly' in Pitjantjatjara

"The Project brings together senior Anangu women, some of whom are ngangkari, non Aboriginal mental health professionals, project staff, interpreters and an evaluator who comprise the UK Project team.

Innovative and emergent in nature and design, the UK Project works at the interface between knowledge systems and languages to better understand mental health and mental illness and develop resources to support this shared bi-cultural understanding more broadly."

This model ranks highly against these criteria for a good model of care

Empowering communities

- o Facilitating community control over program
- o Prioritising indigenous worldview
- o Aboriginal participation in development, implementation and delivery of programs
- o Bottom-up development (people affected by decisions are controlling decisions)

Building Capacity

- o Facilitating community ownership of programs
- o Employing local Aboriginal staff
- o Harnessing and supporting existing Aboriginal services and leaders
- o Balance between governance standards and community values

Stability over time

- o Governance structure
- o Establishing trusting partnerships
- o Flexibility in implementation timeline
- o Sustainable funding

Building Case for Investment into MOC

- o Does the model of care demonstrate measurable success
- o Does the model of care fill any existing gaps in the current system

Uti Kulintjaku Iwara: the path to clear thinking

Nyakula kulinma atunymara palyatjikitjangku

Observing, thinking, feeling and looking after each other in order to make things right

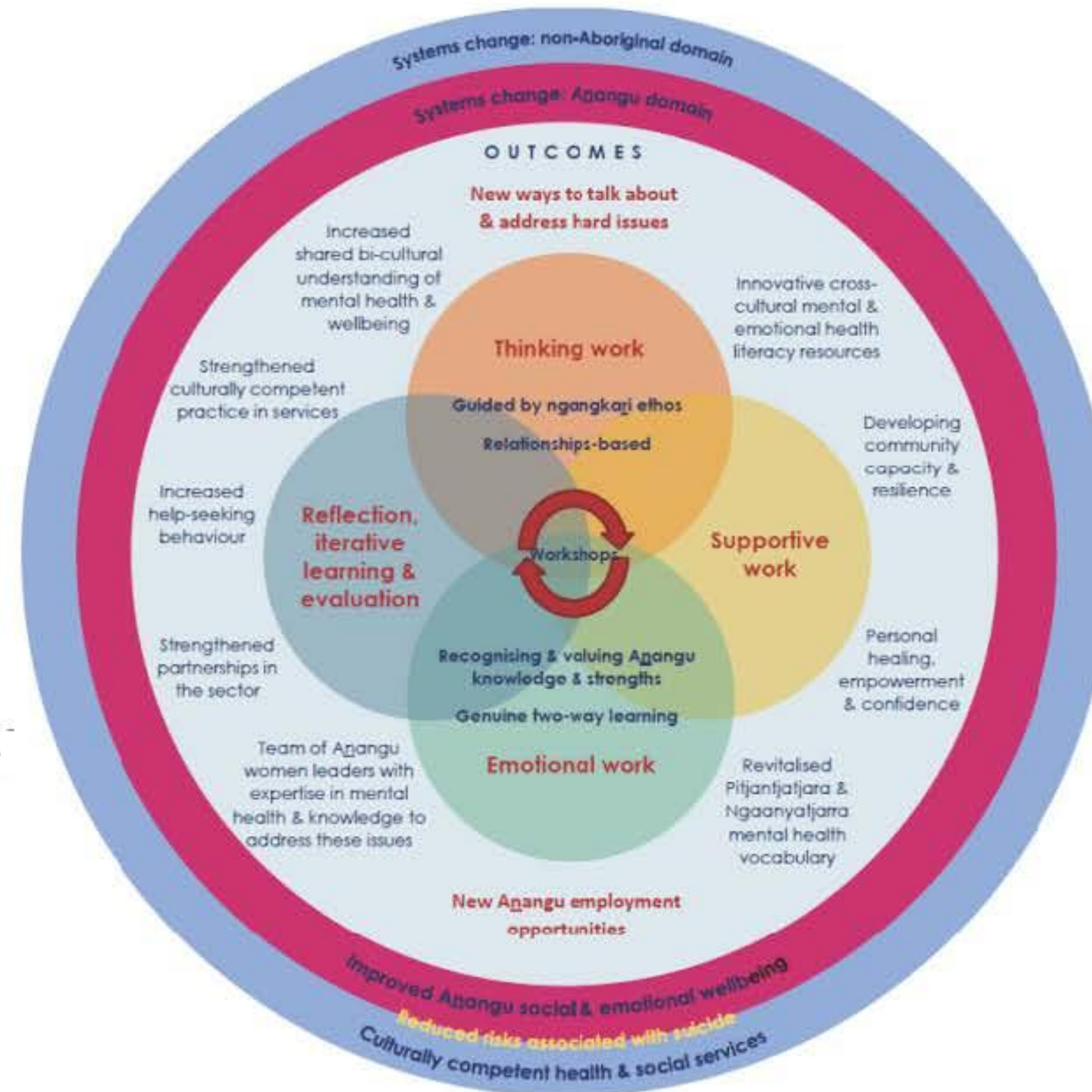


Figure 5: Uti Kulintjaku Iwara theory of systems change



http://www.npywc.org.au/wp-content/uploads/3.-Evaluation-Summary-Report_Uti-Kulintjaku-Project_Oct-2018_FINAL.pdf