

CO-parenthood

Sharing parenthood when you need a hand or have a hand to lend

How it works



1 Find great co-parents

We find and train co-parents Carers who are non judgmental and committed to supporting whole families. We ensure parents are a right fit too.



2 Match up

Everyone has likes and dislike; this is a sensitive link up. We carefully match up two families that make both sides feel at ease.



3 Knowing your child is in safe hands

Birth parents know their children better than anyone else. We make special time to ensure birth parents have the chance to share what's important.



4 Getting to know each other

We take it slow. Get to know each other over phones, then in neutral spaces and then wherever and whenever both families feel comfortable.



5 Parenting together

Co-parents both care about the children in co-parenthood. Birth parents and helping parents make decisions, learn and spend time together.



6 Transitioning to restoration

Responsibility and time spent is slowly transitioned to birth parents, with help from co-parents when needed.



7 Family plus

Continue the relationship as both families wish. In some cases you might gain some 'extended family,' a life long friend, or neighbour with helpful advice.

Laying the ground work

Building a co-parenting relationship

Restoration

Underpinned by evidence.

1. The effects of and effective responses to trauma
2. Attachment theory and social learning theory
3. Child wellbeing and safety
4. Building parent capabilities
5. Positive social networks

Co-designed with families, carers and experts.

"If I had this 7 years ago, my son would still be with me."

- Parent

"This is why I became a carer in the first place. I wanted to help families help themselves and stay together – the system never allowed me to."

- Carer

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AUSTRALIAN
CENTRE FOR
SOCIAL
INNOVATION

Delivered by:

**MacKillop
Family Services**

Made possible by:

Sidney Myer

SIDNEY MYER FUND